

# SWIM TIMETABLE

Correct as of September 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.30am - 9.30am <b>Adults only</b>	6.30am - 9.30am <b>Adults only</b>	6.30am - 9.30am <b>Adults only</b>	6.30am - 8.30am <b>Adults only</b>	6.30am - 9.30am <b>Adults only</b>	8.00am - 9.30am <b>Adults only</b>	8.00am - 9.30am <b>Adults only</b>
9.30am - 12.00pm <b>Adults &amp; children</b>	9.30am - 12pm <b>Adults &amp; children</b> <small>(11am - 12.30pm Waterbabies swimming lessons in part of the pool)</small>	9.30am - 12pm <b>Adults &amp; children</b> <small>(10am - 12.00pm Jenny's Dolphins in part of the pool)</small>	8.30am - 9.15am <b>Aqua Aerobics</b> <small>with Anneli</small>	9.30am - 12pm <b>Adults &amp; children</b> <small>(11am - 12.30pm Waterbabies swimming lessons in part of the pool)</small>	9.30am - 12pm <b>Adults &amp; children</b>	9.30am - 12pm <b>Adults &amp; children</b>
			9.30am - 12pm <b>Adults &amp; children</b>			
12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>	12.00pm - 3.00pm <b>Adults only</b>
1.30pm - 2.15pm <b>Aqua Aerobics</b> <small>with Anneli</small>						
3.00pm - 6.30pm <b>Adults &amp; children</b>	3.00pm - 6.30pm <b>Adults &amp; children</b> <small>(4pm-6pm Flippers Swim school swimming lessons in part of the pool)</small>	3.00pm - 6.30pm <b>Adults &amp; children</b> <small>(3pm-6.30pm Flippers Swim school swimming lessons in part of the pool)</small>	3.00pm - 6.30pm <b>Adults &amp; children</b> <small>(3pm-6.30pm Flippers Swim school swimming lessons in part of the pool)</small>	3.00pm - 6.30pm <b>Adults &amp; children</b>	3.00pm - 6.30pm <b>Adults &amp; children</b>	3.00pm - 6.30pm <b>Adults &amp; children</b>
6.30pm - 9.00pm <b>Adults only</b>	6.30pm - 9.00pm <b>Adults only</b>	6.30pm - 9.00pm <b>Adults only</b>	6.30pm - 9.00pm <b>Adults only</b>	6.30pm - 8.00pm <b>Adults only</b>	6.30pm - 8.00pm <b>Adults only</b>	6.30pm - 8.00pm <b>Adults only</b>

Pool facilities must be vacated 15 minutes before close time.  
This timetable is subject to change.